



Introducing Mike Dixon RMT



www.arthrokinetic.com

- ✓ Mike is a twenty-two year veteran of Massage Therapy. He is an educator, a published author, and an international presenter in massage therapy continuing education (Arthrokinetic Therapy). He is the senior practical advisor for the **West Coast College of Massage Therapy. (WCCMT)**
- ✓ Mike is a graduate of the West Coast College of Massage Therapy in 1986.
- ✓ He has been teaching at WCCMT since 1993 and has taught most courses in the practical department. His specialty is in orthopedics assessment and treatments. Mike also teaches at the **Boucher Institute of Naturopathic Medicine.**
- ✓ Mike has trained over 2000 massage therapist and naturopathic doctors.
- ✓ He has developed specialty courses in continuing education for massage therapist and naturopaths in the field of orthopedics and rehabilitation therapy called "Arthrokinetic Therapy".
- ✓ His latest achievement is the release of his new text book "Joint Play the Right Way for the Axial Skeleton" 2006, which involve a multidimensional approach to treating the spine and Pelvis.

He utilizes many different modalities in his clinical practice including but not limited to:

- ❖ Active Stretching techniques
- ❖ Muscle Energy
- ❖ Joint play mobilizations
- ❖ Fascial mobilizations
- ❖ End loading and Spinal Decompression Techniques
- ❖ Positional release and approximation Techniques
- ❖ Dural mobilizations

Credentials and Allied Experience:

- Mike Dixon has been a Registered Massage Therapist for 22 years.
- Mike has served on the College of Massage Therapist of British Columbia Canada since 1986, and the Massage Therapist Association of BC
- He has served on the following Committees: College of Massage Therapist of British Columbia - Scope of Practice Committee, Curriculum Committee, and the Agreement on Internal Trade of Canada Sub-committee
- He is also on the West Coast College of Massage Therapy: Advisory Board, Curriculum Committee, Management Committee and Ethics Committee.
- Mike has served as the Director of Education and Practical Director at WCCMT

Publications

Mr. Dixon has published a 1999 Multiple Sclerosis Society Journal Article titled Massage and Multiple Sclerosis; a win win.

More recent articles are: The Effectiveness of Massage Therapy treatments on clients with Multiple Sclerosis. BC Massage Practitioner, Fall 2004

Iliopectineal Bursitis. Massage Therapy Canada, Fall 2005

Text book/Training Manual Joint Play the Right Way for the Peripheral Skeleton 1st and 2nd editions, 2003

Text book/Training Manual, Joint Play the Right Way for the Axial Skeleton, 2006

Courses Taught or Teaching Currently

- Regional Orthopedics
- Spinal Orthopedics
- Joint Play
- Consolidated Practice
- Peripheral Nervous System assessment and treatment
- Central Nervous System assessment and treatment
- Exercise and Rehabilitation
- Muscle Skeletal Anatomy and Kinesiology
- Massage Therapy I and II

Research Study:

Mike Lead the following research study in 2003:

“A research Study of the Effectiveness of Massage Therapy Treatments on Clients with Multiple Sclerosis”: By Mike Dixon and Dr. Lilanna Kordic

Professional References:

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